

Trail to Zero is a 20-mile suicide awareness and prevention ride. Since 2017, BraveHearts, the largest 501c3 nonprofit in the nation serving military veterans using horses, has been riding 20-miles in cities across America to increase the awareness of the 20 veterans/active service members who are lost by suicide **every day** in the United States.

In spring 2023, our first international ride will take place in Normandy, France. this will be a 2-day, 20km ride located in Deauville and on Utah Beach. National rides during the month of September coinciding with National Suicide Prevention & Awareness Month.





**NORMANDY, FRANCE** 06/02/2023-06/03/2023



FORT WAYNE, IN 09/16/2023



NYC, NEW YORK 09/30/2023

## FOR MORE INFORMATION:

Meggan Hill-McQueeney
PRESIDENT/COO OF BRAVEHEARTS
MEGGAN@BRAVEHEARTSRIDING.ORG